

EVERYTHING is guaranteed to taste great!



curbside service : all day 40th st. & campbell: (602) 840-7777 doors open daily at 6:30 am



gift cards now available online! www.lagrandeorangegrocery.com

Rise and Shine! until 5 pm		
FAMOUS ENGLISH MUFFINS Ø Ø griddled here every day w/ LGO preserves dozen 16.50 or half-dozen 9	195 LOCAL ORGANIC FRESH FRUIT 1 1 1 1 1 1 1 1 1 1	5 ²⁵
SIDE OF ROASTED POTATOES 🕖 🥖 🏉	BIRCHERMUESLI 1 2 ⁵⁰ chilled swiss oatmeal w/ organic yogurt	5 ²⁵
w/ sour cream (optional) LGO ORGANIC OATMEAL 💋 🂋	GRANOLA, FRUIT & YOGURT 1 5 ²⁵ our recipe - roasted each morning	5 ⁷⁵
organic steel-cut w/ flax and brown sugar	esh Eggs etc* until 5p	
EGGS TO ORDER poached, scrambled or fried w/ toast and fresh fruit - prosciutto +3, turkey, bacon or chicken sausage +2		5 ⁷⁵
FRENCH PANCAKES 0		675
w/ honey, fresh fruit and creme fraîche DAYBREAKER O		800
egg white omelet with rotisserie diestel turkey breast, topped w/ tomato-avocado salsa THE ZUNI BURRITO 🕖		7 ⁷⁵
whole wheat tortilla w/ tofu "chorizo," mushrooms, corn, spinach, potato, egg whites & charred tomato salsa COMMUTER SANDWICH 🕖		7 95
scrambled eggs, tomato and mayo on english muffin w/ choice of bacon, ham, turkey, smoked salmon or avocado		
	Salads limited ensures freshness	
CAESAR* <i>O</i> chopped romaine, hand-made croutons, shaved parmesan and our caesar dressing		695
SONOMA GARDEN 🕖 🥖 romaine, tomato, golden beets, dates, roasted peppers, goat cheese, almonds w/ orange poppyseed dressing		7 ⁷⁵
LGO TUNA NIÇOISE 🕖 our signature tuna salad with potato, green beans, olives, capers, tomato, egg w/ house vinaigrette		7 ⁷⁵
CHOPPED TURKEY greens, tomato, egg, avocado, bacon, diestel turkey, pt reyes blue, cheddar w/ ranch & champagne vinaigrette		950
EVIL PRINCESS THAI CHICKEN SALAD Ø		8 ²⁵
fresh greens, minced white meat chicken, lemon grass, peanuts, red onions - yum! SHREDDED KALE SALAD & QUINOA Ø Ø		8 ²⁵
sunflower seeds, flame grapes, preserved lemon, fresh parmesan SMOKED SALMON SALAD		850
baby spinach, arugula, basil, dried cranberries, sunflower seeds, cous cous, house vinaigrette		
Sandwiches etc until 5p		
HEIRLOOM BROWN RICE BOWL 🕖 🥖 quinoa, black beans, feta, pistachios, soft boiled egg, greens, harissa		7 ⁵⁰
SPICY CHICKPEA LETTUCE WRAPS 🕖 🦸 🦸 chickpeas, avocado, and sundried tomato on crisp iceberg		750
"OPEN FACE" CHICKEN SALAD SANDWICH shredded white meat chicken, roasted apples on toasted 9 grain		795
VEGETARIAN SANDWICH tomato, cucumber, roasted peppers, greens, guacamole, herbed goat cheese and havarti		750
GUACAMOLE B.L.T.		7^{25}
on toasted whole wheat bread THE REUBEN		850
so good you will name your first born after it ROTISSERIE TURKEY REUBEN		8 50
as above but with our rotisserie diestel turkey CROQUE MADAME*		7 50
broiled open-faced w/ ham, tomato, sunny-side egg, spicy mustard sauce and gruyere		,
TUNA SALAD SANDWICH or PRESSED TUNA SANDWICH on 9 grain w/ tomato, cucumber, apple & greens or pressed on whole wheat with cheddar		7 ⁷⁵
STACKED TURKEY nine-grain bread with rotisserie diestel turkey, avocado, tomato, lettuce, havarti, mustard and mayo		895
ROTISSERIE CHICKEN SANDWICH rotisserie chicken breast, LGO housemade barbecue s	auce, cole slaw	8 ²⁵

LGO VEGGIE ROLL 🏉 🍼 💋 avocado, quinoa, napa slaw, cashew, bbq sauce

BBQ CHICKEN LETTUCE ROLL Ø napa slaw, cashew, bbq sauce

LGO SUSHI ROLLS california roll, spicy tuna roll, shrimp & crab roll

Sushi and Rolls*

always made fresh

 7^{25}

825

 $7^{25} - 8^{25}$